

Clifton Park Primary School

Telephone: 9725 2400 Fax No: 9725 2656 Email: cliftonpark.ps@education.wa.edu.au Webpage: www.cliftonpark.wa.edu.au

Newsletter No 11 TERM 26 July 2017 3

School Motto: With Dride We Strive

SCHOOL EVENTS AND NEWS

We all enjoyed a very smooth transition back into schooling and are looking forward to another productive term including many events to look forward to such as; the Winter Carnival for our senior students, the Year 3/4 and Specialist (Japanese and Music) assemblies, Book Week activities, School Photos, School Open Night and finally In-term swimming lessons to finish the term off. I trust you all enjoyed spending a little more time with your children over the break and were able to share and experience many things with them.

STAFFING NEWS

We welcome back Mrs Dignan and Mrs Gerace next week who have been on leave (thank you Mrs Oakley and Mrs Millar for your relief teaching). Mrs Van Wyk and Mrs Jones return in week 4 and 7 respectfully.

ASSEMBLY

We are eagerly looking forward to our next assembly on August 11 hosted by the Year 3/4 class. This will be commencing at 2pm in the

undercover area and you are most welcome to join us. Bring along some cash to purchase goodies from the P&C Cake Stall.



LUNCH ORDERS

As previously communicated to you Kiwi Kai is no longer offering lunch orders. On behalf of the school community I would like to express our thanks to Lorrisse for providing the service.

ANZ STUDENT BANKING

A representative from the ANZ Bank, Australind will be in the school corridor between 8:30am and 8:50am to assist with your child's banking. Term 3 dates are August 10 and September 7. These dates are on the term planner. Teach your child to save by banking at the school

every month. New customers are welcome. For more information ANZ please contact ANZ Australind Branch, Phone: 6164 2303.



COMING EVENTS

July

- 27 Australian Trust Maths Competition (Selected Yr 3-6 Students) Uniform Shop Open 8:45am – 9:15am 31
- P&C Meeting 7pm

August

- Make your own bookmark lunchtime 7
- 8 Make your own bookmark - lunchtime
- 10 ANZ Student Banking 8:30am - 8:50am
- 11 Yr 3/4 Class Assembly - (TA1)

WINTER CARNIVAL

The Forrest Division Interschool Winter Carnival is on Friday August 18 at the Leschenault Leisure Centre. We have teams participating in Netball and Soccer. Both squads have been training and selections will be finalised shortly

for the actual teams to represent our school. Notes will go home for all students selected. If you are available I invite and encourage you to come on down to support them.



SCHOOL PHOTOGRAPHS

School photo day is on the same day as Parent/Open Night this year, being Thursday 31 August.

SCHOOL EVENTS/PLANNER

A copy of the Term 3 Planner is included in this newsletter, it can also be found on the webpage and Skoolbag app. Please place it in a handy position for future reference.

STUDENT LEADERS

Thank you to our outgoing student leaders and welcome to our new leaders. Congratulations to Elly Hill and Jaymie Saenen for being selected by their peers to be Student Councillors for Term 3 and Bree Blake and Lily Buckland selected for Term 4.

SPORT LEADERS FOR SEMESTER 2

BLUE FACTION	GOLD FACTION	RED FACTION		
CAPTAINS	CAPTAINS	CAPTAINS		
Bailey Harkness and Jayk Lindroth	Abbey Jones and Todd Warren	Elijah Hehir and Felix Newman		
Vice Captains	Vice Captains	Vice Captains		
Lily White and Dominyk Stubbs	Zoe McKay and Jackson Eaton	Izzy McDonald and Dylan Jaroka		

Ric Gates PRINCIPAL



We are excited to be taking part in the 2017 Woolworths Earn & Learn program

From now until September 19th 2017, you can collect stickers at Woolworths that go towards Earn & Learn points.

- For every \$10 you spend at Woolworths (excluding the purchase of tobacco, liquor and gift cards), you will receive 1 sticker.
- These stickers can then be given to your children to collect on a special sticker card.
- Once it is completed, they can simply bring it back here to school or you can drop them into your local Woolworths collection box.
- The more points we earn, the more we can redeem from a choice of over 10,000 educational resources including mathematics and English resources, art & crafts materials and much, much more!

During the previous campaign, we were able to purchase some great resources with the points we earned, thanks to you.

We are grateful for your support and look forward to a successful program. If you have any questions, please ask at School.

HAVE SUM FUN MATHS ACTIVITY!

11

Put your thinking caps on and 'Have Sum Fun'

We give everyone the opportunity to sharpen their skills and knowledge by providing problem solving tasks in our School Newsletter.

- Families are encouraged to work together to discuss strategies and solve the maths problem.
- Each student may enter one answer.
- Answers can be written on any type of paper.
- Answers need to be put into the orange box located outside of TA5 by 4th August
- Please ensure answers are named clearly, including classroom form (e.g. TA5).
- A small prize will be presented to the first correct answer drawn at the mini assembly on Monday 7TH August.



At the farm there was a large paddock with 53 sheep and chickens. I counted all their legs, and there were 136 legs. How many chickens were in the paddock?

Answer ___







As a school, in 2017 we are promoting and encouraging regular reading with the introduction of a wholeschool incentive system.

This system recognizes the *number of times a student reads* irrespective of what or how much they read.

We are promoting the benefits of reading for enjoyment on a regular basis.

Thank you for supporting this focus by providing your child with frequent opportunities to read.

Strong families thrive on good feelings

By Michael Grose - Founder of Parenting Ideas

That doesn't mean that such families are devoid of conflict or criticism, but that they are generally pleasant environments to be part of.

One way to increase good feelings in your family is to increase the number of compliments kids hear at home.

As a general rule, the ratio of compliments to criticism should be around five to one. That is, there should be five times more positive, affirming comments than negative comments.

In unhealthy families this ratio is often reversed. Five negative comments for every one positive comment makes for a pretty toxic environment.

How does your family rate on this scale?

If you think about where your family may be on this scale, be careful about how much weight you put on your children's comments, especially to each other. Siblings can be unkind to each other, finding it hard to share a pleasant word, which can skew the positive to negative ratio a lot (and sometimes make family life quite awful for everyone). However, this can change over time.

Here are five ideas to help you improve the compliments to criticism ratio in your family:

- **1.** Increase the number of affirmations and compliments you make yourself.
- 2. Keep a check on your use of 'good feeling killers' (and self-esteem killers). Eradicate comments such as: "Typical boy!" "If I've told you once I've told you a 1,000 times, don't..." "What a stupid thing to say to your brother/sister!". Bite your tongue. If you find yourself thinking a criticism, keep it to yourself.
- 3. Make kids aware of their negative language.
- **4.** Make it a habit to follow a negative with a positive.
- 5. Let the bad feelings out.



These, along with affectionate phrases and kind remarks, will start to skew the ratio a bit. Aim for a five to one ratio. Not only is this good modelling for your kids, but it will make family life more harmonious. Yep, five to one is your aim. If you can't do that, then you can't expect it of your kids.

Constant criticism harms self-esteem, not to mention family harmony. Use 'I' statements to let kids understand the impact their negative talk has on you and others. "When you talk so aggressively I feel quite scared about what you are going to do next." It's impossible for kids to disagree with 'I' statements.

When I was teaching I always tried to follow discipline of a student with a compliment or some positive feedback so that we could maintain a good relationship. Do the same in your family. Follow discipline, a rebuke or a negative comment with a positive act or comment. Then teach your kids to do the same!

Sometimes there can be such a build-up of ill will between siblings that you need find a way for them to let the bad feelings out. One way to do this is let one child vent to you about their sibling. Be warned that *you may not like what you hear* but a clearing of the air can work wonders to improve the family atmosphere.

Most of these suggestions start with you, the parent. Like everything in family life, whatever you want from your kids, you must take the lead and do first. Remember, five positives to one negative is your aim!

You'll find more great ideas to nurture a close, loving family in my book:

<u>Spoonfed Generation: How to raise independent kids</u>. You can get your copy at parentingideas.com.au.





31 July 2017 7pm

FOLLOW US ON FACEBOOK



Did you know the P&C has a new Facebook page? Check it out at: https://www.facebook.com/cliftonparkpandc/. Make sure you follow us to hear about what we're doing to help our school and what you can do to be involved.



WHAT IS The P&C? Parents playing a vital role in the education of their children!

A P&C is a group of community minded people who assist the school in providing feedback on school polices and activities, and additional resources enhance to student learning.

Got ideas to make our school even better? Come along and join the P&C! We are more than willing to be flexible in terms of the times, dates and venues of our meetings, especially if it will get more parents involved! If you have any requests, don't hesitate to contact us!

Uniform Shop

The uniform shop will be open in Term 2 on the following dates:-

Monday 31ST July Monday 21ST August Monday 11TH September

OPEN TIME

8:45am – 9:15am

Winter is coming!

Get in early to order your winter uniforms!

School Uniform Order Forms are available at the front office. Complete and place them in the uniform box in the front office and they will be processed as soon as possible.



Lauree Sims Uniform Coordinator Monday - Friday during school hours PH: 0400 239 144



WHAT IS CHAMPION DADS ALL ABOUT?

Clifton Park Primary's "Champion" Dads' group is a chapter of the The Fathering Project; a not-for-profit charity that aims to help fathers realise how important they are in a child's life and to give them advice on how to encourage their children.

The "Champion" Dads' group aims to build the knowledge and skills of fathers, and father figures, but most importantly is an opportunity for dads to get together in a relaxed, informal environment.

HOW CAN YOU BE INVOLVED?

We aim to meet every six weeks and to host an event once a term. Watch this space for more details!

WANT TO FIND OUT MORE?

Check out www.thefatheringproject.org to find out more about The Fathering Project or email cpchampiondads@gmail.com to get involved in the CPPS "Champion Dads" group.

Clifton Park Primary School



Ommunity News



Emergency Relief and Referrals - Financial Assistance (by appointment)

Conversational English - Weekly Group - Friday 10:00 - 12:00

Social Fun and Skill-Building - Weekly Craft Group - Tuesday 10:00 - 12:00 Homework Help - Weekly Sessions



9A Wittenoom Street, Bunbury (free parking at rear off Carey St)

9791-5281

https://www.facebook.com/MSCWA Bunbury/

sent bendules Program grant (MP) is funded by the Department of Second Serve feltilitie's Section

home internet connection.

Computers with WIFI have a \$20 cost for the WIFI component only. Computer distribution will be on managed on a needs / first reply basis.

Maximum of 1 per family.

Operating System is Windows 7 Microsoft Office installed version 2007 Please contact Narelle Kavanagh (CSM) or Amanda Munday if your family would like to express an interest in taking a FREE computer for your student. On 9724 0100 or email your expressions of interest to glenhuon.ps@education.wa.edu.au

TERM 3 PLANNER 2017

Wk	Monday	Tuesday	Wednesday	Thursday	Friday	Sat	Sun
1	17 July School Development Day	18 Students resume	19	20	21	22	23
2	24 July	25	26 N/L	27 Australian Trust Maths Comp (Yr 3-6 Selected Students)	28	29	30
3	31 July Uniform Shop Open 8:45am – 9:15am P&C Meeting 7pm	1 August	2	3	4	5	6
4	7 Aug	8	9 N/L	10 ANZ Student Banking 8:30am-8:50am	11 Assembly TA1 Yr 3/4 2PM	12	13
5	14 Aug Author 'Sally Murphy' Incursion Yr 1-6	15	16	17	18 Winter Carnival (Selected Yr 5/6 students)	19	20
Book Week	21 Aug Uniform Shop Open 8:45am – 9:15am	22 Book Week 'Dress Up Day'- Parade 9am	23	24	25	26	27
7	28 Aug	29	30	31 Kapture (School Photos) Parent Night	1 September	2	3
8	4 Sept	5	6 Council Meeting 6:15pm P&C Meeting 7pm	7 ANZ Student Banking 8:30am-8:50am	8 Specialist Assembly	9	10
9	11 Sept Swimming Lessons Uniform Shop Open 8:45am – 9:15am	12 Swimming Lessons	13 Swimming Lessons	14 Swimming Lessons	15 Swimming Lessons	16	17
10	18 Sept Swimming Lessons	19 Swimming Lessons	20 Swimming Lessons	21 Swimming Lessons	22 Students last day Swimming Lessons	23	24
Η	25 Sept Queen's Birthday	26	27	28	29	30	1 Oct
Η	2 Oct	3	4	5	6	7	8