



Clifton Park Primary School

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Newsletter No 17 TERM 4 27 October 2016

School Motto: With Pride We Strive

DADS CAMP

The P&C, under the leadership of Paul Ferrari, conducted a most successful Dad's Camp last week. He reported that over 90 people were in attendance, which is great. I was pleased to see that mums stepped in where a father figure wasn't available.

The concept behind the event is the 'The Fathering Project'. A project that started when Professor Bruce Robinson, a respiratory physician, analysed the regrets that (male) patients often expressed when they did not have long to live. He found that they stated unanimously: I did not spend enough time with my kids, I spent too much time at work, and, I wish someone could have helped me back then.

The Fathering Project was the result of Bruce's subsequent research which showed that the most powerful missing force in preventing problems that adolescents have today is a strong father figure.

Do you want to know more? See the page later in the newsletter, get onto the website or contact Dean Pitts, our P&C's Fathering Project Coordinator, through the P&C.



COMING EVENTS

October

28 Years 4-6 Triathlon - Running and Bike leg
Year 2 Assembly

28 Wear **RED** 'Day for Daniel'

November

4 P&C Disco

7 Uniform Shop open

11 Interschool Basketball Carnival

11 Remembrance Day



ASSEMBLY – YEAR 2 CLASS

Please join us for the Year 2 assembly this Friday (28th) from 2pm in the undercover area. The students are getting really excited now that they are in the actual week of the event.

TRIATHLON – Stage 2

The second stage of the Year 4-6 triathlon will be held this Friday morning with a start time of 9am. The students will cycle and run around the community and the school. We would love to see you come along and support this event and all our competitors.



SCHOOL PHOTOGRAPHS

The photos have all come in and were sent home with the children last week. If you wish to buy further copies these can be ordered online at this website: www.kapture.com.au You will need to enter our school code to access the gallery – This code is: HMG63E

STAFFING

Welcome to Ms Townshend who is replacing Mr Kelly while he is recovering from a knee operation.

Early Bird (October) Planning for classes next year has the following scenarios occurring;

- Mrs Tiede will be teaching the Kindy and Mrs Colling will be teaching in the Year 1/2 area.
- Anticipated student numbers (as of October) suggest that, most likely, there will be a 5 class structure in years 1 to 6 plus a full Kindy class and a straight Pre Primary class. (Bear in mind that it is still too early to lock these in and hence they are subject to change).

REPEATED - PLANNING FOR 2017 – IMPORTANT INFORMATION

Planning for 2017 is underway at our school and we are at the stage of gathering information in regards to student numbers and staffing. To help us plan we need to know about the intentions of parents. If you will already know that your child will not be returning to Clifton Park Primary School in 2017 could you please contact the front office to let us know? This will enable us to more accurately work out class sizes and funding for next year.

WEAR RED ON FRIDAY – DAY FOR DANIEL

Students are invited to wear **RED** clothing to school this Friday, 28 October as part of the school's support of 'Day for Daniel'. Each year on the last Friday in October the Daniel Morcombe Foundation promotes the message of "keeping kids safe".

They do this by wearing red on the day. They hope that children will learn how to:

- **RECOGNISE** Listen to your body clues
- **REACT** Run to a safe place
- **REPORT** Tell an adult why you felt unsafe.

The website DanielMorcombe.com.au has a wide range of resources including videos and computer games that parents can consider for use with their children.

The wearing of **RED** is optional as is the request for a gold coin donation to the Foundation.



REMEMBRANCE DAY: FRIDAY 11 NOVEMBER 2016



This year marks the 98th anniversary of Remembrance Day.

During World War One, on many of the devastated battlefields in France and Belgium where fighting had occurred, red poppies began to grow and flower. People saw the flowers as symbols of remembrance for those who had died. Today we wear poppies on Remembrance Day to honour all those who gave their lives in war.

A collection tin and poppies will be provided to the school by the RSL. If students would like to make a donation and receive a poppy, the student councillors will make their way around to each class with a donation tin on the morning of November 11th.

HALLOWEEN

Halloween is coming up and the school, through the P&C's Safety House Committee, has developed a set of protocols that have greatly assisted in the safety and consideration of the Clifton Park community. As in previous years these protocols will be coming to you shortly.

Social and


Emotional Focus

Each fortnight you will see a poster in the classrooms and around the school. In 2016 the school has raised the awareness of social and emotional literacy by focusing on resilience. Keep an eye out for this fortnight's poster.

Living the 7 Habits


I am a good friend.

I listen to what others say.



Habit 5: Seek First to Understand, Then to be Understood

I listen with my heart and my eyes as well as my ears.
I try to understand others' views and feelings, even if they are different from my own.



THE FATHERING PROJECT

About The Fathering Project and Bruce Robinson - Professor Bruce Robinson and his work on the Fathering Project earned him the title of 2013 Western Australian of the year.

The Fathering Project started when Professor Bruce Robinson, a respiratory physician, analysed the regrets that patients often expressed when they did not have long to live. He found that they stated unanimously:

- I did not spend enough time with my kids
- I spent too much time at work
- I wish someone could have helped me back then

Bruce used this feedback as the drive to begin researching fatherhood, spending hours interviewing men and kids. This resulted in a deep understanding of fatherhood which resulted in a number of book publications and the creation of The Fathering Project.

Bruce's research showed that the most powerful missing force in preventing problems that adolescents have today is a strong father figure. His research discovered the significant impact that an effective father figure can have on an entire life.

The Fathering Project embraces five main aims:

1. To help fathers realise how important they are in a child's life
2. To give fathers advice on how to engage with their children
3. To inspire fathers to get involved with their children – become proactive
4. To develop programs and initiatives to assist with and promote the engagement of fathers
5. To utilise research based evidence to encourage positive change in fathers

The Facts –

- 75% of all adolescent patients in chemical abuse centres come from fatherless homes – 10 times the average
- 90% of all homeless and runaway children are from fatherless homes – 32 times the average
- Fatherless children are twice as likely to drop out of school
- Children with fathers who are positively involved are 40% less likely to repeat a grade in school
- 85% of all children who show behavioural disorders come from fatherless homes – 20 times the average

(Source: Centre for Disease Control) - Sign up to receive The Fathering Project's weekly tips www.thefatheringproject.org



Ric Gates
PRINCIPAL

P & C NEWS

'SPOOKY' School Disco

Friday 4th November

Kindy to Year 2:- 5pm-6:30pm

Year 3 - 6:- 7pm-8.30pm

WE NEED YOUR HELP!

The P&C are looking for volunteers to help with our 'SPOOKY' SCHOOL DISCO!

If you can lend a hand to plan the event please contact Amy Pitts on 0406982990 or amyrpitts@gmail.com

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CPPS P&C has the opportunity to obtain a series of donations from the ANZ Bank. If you know anyone who is arranging a home loan through the ANZ Australind bank, they only have to tell the bank that they have a connection to our P&C and we can earn 0.5 % of the loan, that's \$500 per \$100,000.

✦The connection can be anyone who just knows of our P&C, they don't even need to have children at our school✦

Our P&C bank with the ANZ Australind and they also support our children by providing the service of students' school banking. Spread the news!!

UNIFORM SHOP OPEN DATES - TERM 4

9am – 9:30am ☺Monday 7th November ☺Monday 5th December

School Uniform Order Forms are available at the front office. Complete and place them in the uniform box in the front office and they will be processed as soon as possible.

Lauree Sims – Uniform Coordinator

Monday–Friday During school hours, 0400 239 144



JOIN US IN ENCOURAGING AND SUPPORTING OUR BUDDING YEAR 4, 5 and 6 TRIATHLETES ON FRIDAY MORNING OCTOBER 28.

The event begins at **9am starting** at the school tennis courts.

This Friday, October 28, the two final legs of the triathlon event will be held.

Students will compete in a Duathlon event in year levels.



The **cycle** will be 2 laps around Lucy Victoria Avenue, exiting from Harding Way (approx. 4 km) and then transitioning to a **run** of 2 laps around the school boundary (approx. 1.2km).

The run will be take them on the Harding Way walk path, left to Poller Way and continuing to the pathway joining Lucy Victoria Avenue at the front of the school. They will then turn left again and continue up the school pathway to the oval.

The transition area between the cycle and run events will be in the school tennis courts and the finish will be on the school oval.

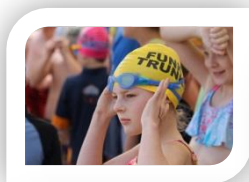
During the Cycle Event, police will be in attendance at the Lucy Victoria Avenue/Main Way roundabout to alert vehicles to the event. Thank you to the parents who have volunteered to help. You will be stationed at one of all the intersections entering Lucy Victoria Avenue.

It would be wonderful to have parents, neighbours and friends on the Lucy Victoria pathways to cheer on our budding triathletes. Please join us in making this a memorable achievement for our students.

Thank you as well to the local Bunbury Triathlon Club for signage that should alert drivers to the event and will ensure a safe environment for the students on the road.



Congratulations to the students in Year 4, 5 and 6 who participated in the swim leg of the triathlon program on Friday October 14.



Community News

FRIDAY JUNIORS
**GAME FACE
COMPETITION**



BUNBURY TENNIS CLUB

**FRIDAY
COMPETITION
STARTS UP AGAIN
14TH OCTOBER
4-6PM**

Every Friday from 4pm - 6pm starting 14th October. Competition suitable for ALL LEVELS of playing ability. Modified matches and equipment will be available for the younger players. Parents and families welcome BBQ and Bar will be open PRIZES / fun activities.

BRING YOUR GAME FACE

FOLLOW US ON FACEBOOK:
Bunbury Tennis Juniors

Register on FB or just turn up on the day to join in.
Phone: 0419913294
Email: andrew@tennisexcellence.com.au



LET'S GO FITNESS

Kids Lets Get FIT Program

Does your child like to keep fit?
Do they enjoy being outside and having fun with their friends?
Parents are you looking for something different for your kids?
If the answer is YES! I have the thing for you!
Let's Go Fitness is Launching our kids class! Running on Mondays 4:15pm at Eaton Primary School and will run weekly until end of term. Prices will be \$10/session

If you interested and would like you child to come message me now via email or Facebook for full details and I will send out a information sheet. Bookings will be essential.

0430 008 194
letsfitnesswa@gmail.com
facebook.com/LetsGoFitnessWA/

Special Olympics - South West
SPORT PROGRAMS
TERM 4, 2016



All sports resume the week commencing Monday 10th October

<p>BASKETBALL Bunbury All Abilities</p> <p>Tuesdays 10:30 - 11:30AM Wednesdays 4:45 - 5:45PM</p> <p>\$2.50pp per session</p> <p>Eaton Recreation Centre 18 Recreation Drive, Eaton</p> 	<p>BOCCE Bunbury</p> <p>Tuesdays 4:30 - 5:30PM</p> <p>\$2.50pp per session</p> <p>Sanctuary Golf Resort 100 Old Coast Road, Pelican Point, Bunbury</p>	<p>TEN PIN Bunbury</p> <p>Saturdays 12:15 - 12:45PM (Coaching) 1:00 - 2:00PM (Game)</p> <p>Gold Coin (Coaching) \$6.00pp (Game)</p> <p>Bunbury Ten Pin Bowl 136 Stirlingsland Street, East Bunbury</p>
<p>SWIMMING Bunbury</p> <p>Fridays 4:00 - 4:30PM (Development) 4:30 - 5:00PM (Learn to Swim) 5:00 - 5:30PM (Stroke Correction) 5:30 - 6:00PM (Stroke Correction)</p> <p>Pool entry fee: \$5.50pp per session \$58.00 for 10 passes</p> <p>Leschenault Leisure Centre, Leisure Drive, Australind</p> <p>BOOKINGS ESSENTIAL! southwest@specialolympics.com.au</p>	<p>CRICKET Bunbury</p> <p>Thursdays 5:30 - 6:30PM</p> <p>\$5.00pp per session</p> <p>Indoor Cricket Centre 1 Zaccaro Place, Bunbury</p>	<p>TENNIS Australind</p> <p>Saturdays 10:00 - 11:00AM</p> <p>\$2.50pp per session</p> <p>Australind Tennis Club Recreation Drive, Australind</p>
<p>GOLF Bunbury</p> <p>Mondays 4:30 - 5:30PM</p> <p>\$2.50pp per session</p> <p>Sanctuary Golf Resort 100 Old Coast Road, Pelican Point, Bunbury</p>	<p>CONTACT</p> <p>Sports: Ron Trezise 0418 931 571</p> <p>Membership: Colleen Gemmill 0428 385 223</p>	

Thank you to Dale Alcock Homes for their support in providing printing services to Special Olympics South West Comets

Revealing the champion in all of us

Special Olympics
Western Australia

KS KIDSPORT




KidSport online applications coming soon!

From the 14 November 2016 you can apply for your KidSport online, if you hold a valid Health Care Card / Pensioner / Concession Card. For more details: www.dsr.wa.gov.au/kidsport

Department of Sport and Recreation
Our whole community wins
www.dsr.wa.gov.au

If there are any questions please direct them to the KidSport email kidsport@dsr.wa.gov.au or call (08) 9492 9911

Come and try Underwater Hockey at our Bunbury Club!



Come get a taste of Underwater Hockey with State and Australian players to teach you the game and the skills, on **Monday and Thursday Nights** at the South West Sport Centre, Bunbury from **6.30pm for juniors and 7pm for seniors.**

All ages and fitness levels welcome so bring a friend along with you! Be sure to bring your bathers! If you have Snorkel, masks or fins please bring them along too. You will need to bring along some money for pool entry and for lane hire as well.

Find us on Facebook at Bunbury Underwater Hockey.