



Clifton Park Primary School

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Newsletter No 3. TERM 1

4 March 2015

School Motto: With Pride We Strive

<u>COMING EVENTS</u>	
March	
9	Uniform Shop Open 8:50am-9:30am
17	ANZ Student Banking 8:30am-8:50am
18	Distance and Field Events
20	Faction Sports Carnival
23	P&C Meeting
24	Wheel-a-thon K-2
26	Ride to School Day Great Bike Race
30	Uniform Shop Open 8:50am-9:30am
31	Interschool Sports Carnival Yr's 2-6

Welcome to our third Newsletter.

YEAR 6 CAMP

As we expected, the camp was fantastic for all involved and a credit to Mr Kelly's organisation. On behalf of the school I wish to express our gratitude to the parent volunteers for their attendance and nurturing of our students, as well as to the students who held up the reputation of their school. Well done.

YEAR 3/4 ASSEMBLY

The Year 3/4 class did extremely well hosting the first assembly for the year last Friday. The costuming was fantastic and you could see the excitement in the children's eyes as they were performing for the assembly. Great work Mrs Millar, your helpers and especially the students. Mrs Jones would be very proud of you!



FACTION ATHLETICS CARNIVAL

- **P&C CATERING TENT** – The P&C will again cater at the Faction Athletics Carnival on Friday 20 March with lots of goodies for sale:- plates of food, drinks, tea, coffee and a sausage sizzle.
- **NO LUNCH ORDERS** - There will be no lunch orders on Friday 20 March from Croissant Express, in place will be the P&C sausage sizzle.
- **HELP WANTED** - With the sports Carnivals coming up over the next two weeks we are once again asking for help. There is a real need for helpers on the long and triple jump pits on Wednesday morning 18 March, as well as helpers with judging and handing out ribbons on the Friday. Please see Mr Semmens if you can help.
- **FRIDAY'S PROGRAM OF EVENTS** – Will be sent home with students once finalised.



Tabloid Skills Carnival Program - Wednesday 18 March 2015

	Long Jump Boys	Long Jump Girls	Distance Throw Boys	Distance Throw Girls	High Jump Boys	High Jump Girls
9.10 – 9.30	1	1	2	2	6	6
9.30 – 9.50	2	2	1	1		
10.00 – 10.20	Year 1 & 2 Distance Run 300m					

	Long Jump Boys	Long Jump Girls	Triple Jump Boys	Triple Jump Girls	Distance Throw Boys	Distance Throw Girls	High Jump Boys	High Jump Girls
10.25 – 10.55	3	3	4	4	6	6	5	5
10.55 – 11.25	6	6	5	5	3	3	4	4
11.25 – 11.55	5	5	6	6	4	4	Year 3 resting or having a go at high jump / not competitive	
11.55 – 12.20	4	4			5	5	Year 3 Distance Run 300m Year 6 Distance Run 400m	
12.20							Year 4 and 5 Distance Run 400m	

SCHOOL PSYCHOLOGIST

For those of you who are unaware, our School Psychologist is Giorgia Vigano. Giorgia has commenced at the school this year. Giorgia is based at our school half a day a week and at this stage she is here on Friday mornings. The role of the School Psychologist is to work with individuals or groups of students regarding social, emotional and academic issues. If we have a student who we think may require some kind of intervention, and think that this would require Giorgia to be involved, then you will be notified and this will be discussed with you. If you would like to discuss any issues with Giorgia or would like your child to see her then please contact Mrs Jolliffe, our Learning Support Coordinator and she will liaise with Giorgia and yourself.

LUNCH ORDERS

When placing a lunch order please mark envelope clearly with



- ✓ Child's Name
- ✓ Child's Classroom (e.g TA 6)
- ✓ Food requirement
- ✓ Correct money

LOUNGES WANTED

We are looking for good quality clean, comfy lounge chairs, to be donated to our school for our students. Comfy lounges will provide a great place to sit in with the HU4K program being introduced in the school. Please contact the office on 9725 2400 or email a pic to cliftonpark.ps@education.wa.edu.au



Ric Gates
PRINCIPAL

DEPUTY'S PONDERINGS

Let me tell you about "The Law of the Farm". This is one of the laws of nature that fits into Habit 3 "Put First Things First". This is the Habit that pushes the values of *Do It Now*, as opposed to Procrastinating; Self discipline in work first, then play; do the things you *Have* to do before the things you *Want* to do.



The Law of the Farm says that to get a crop you must do all the work beforehand. This means all those drudge tasks of preparing the soil, weeding, sewing the seed, watering, more weeding, more watering, more weeding! The result (achievement) comes only after all the necessary hard work is done. This is a real truth in life: To get something really worthwhile, to achieve a major goal, to learn some important skills or gain some vital knowledge, all of these take an investment of time and effort.

Delaying pleasure (or, delaying gratification) is necessary in order to achieve those things that take discipline and hard work. What is the saying – "Rome wasn't built in a day"!

Des Semmens
DEPUTY PRINCIPAL

WRITING

Writing is a focus area for the school in 2015. Each newsletter will contain some information for parents as to ways they can assist with their child's writing development. If you have any questions, please speak to your child's teacher. I hope these tips help you:

- Writing is very complex requiring many skills to be used at the same time. When you view your child's writing avoid being too critical of the errors as too much emphasis on these will cause a child to not want to write or take risks with using new words and attempting to write them. Praise your child for having a go at writing words that are new and explain how to spell words that are causing difficulty.
- Read your child's writing or have them read the writing to you and comment on the positive aspects, for example, "I really like the way you've described this."
- In order to develop spelling and vocabulary, play word games such as *I Spy Scrabble*, *Boggle*, *Scattergories* and crosswords.
- The best activity to improve writing is reading. If your child reads good books, they will be a better writer. Reading exposes students to general vocabulary, word study and content-specific vocabulary. Through reading, students see a variety of authors' techniques that they can use in their own writing.



Deborah Jolliffe
DEPUTY PRINCIPAL



BIKE WEEK

March 23rd to March 26th

Clifton Park will be celebrating bike week starting March 23rd. There will be a number of events, involving all students at the school.

Tuesday, March 24th students between Kindy and Year Two will be dressing up their bikes, prams or scooters and riding them around a course during the day. More information will be sent home closer to the date. The bikes, scooters or prams will be displayed on the front lawn area for you to admire on the day.

Thursday March 26th is 'Ride to school day'. Students are encouraged to ride bikes or scooters all week. Thursday is the main day where the attention will be focusing on riding to school. Students **MUST** wear helmets when riding bikes or scooters. We do not want students riding skateboards to school. **Students under nine should not ride unaccompanied by an adult** as they may not yet have fully developed the peripheral vision and hearing required.

As many of our students come from outside the Clifton Park area we will be having a mass ride to school for those students. Please park about mid-way on the reserve on Lucy Victoria Ave Clifton Park and be ready to ride at 8:15am. Parents as well as students are encouraged to ride to school. We will be mixing adults amongst the students and will ride in convoy to school. The bikes will cross Lucy Victoria Avenue at the roundabout where a policeman will be on duty to assist in stopping the traffic. Senior students have the option to follow Mrs Van Wyk around the river and cross the road at Whatman Way. We will have a staff member to supervise at the crossing of Lucy Victoria Avenue.



Thursday March 26th we will also have the 'Great Bike Race' on the oval. This was a huge success the last time we had this novelty event. The race will be in the afternoon.

Please encourage your child/children to get active and ride to school on a regular basis. During the 1970s, about 60 per cent of children in primary years Five, Six and Seven rode a bicycle to and from school. By 2006, that figure had fallen to less than three per cent, despite the fact that in the past 30 years overall cycling levels in the general community have increased dramatically.

With obesity and climate change becoming two of the biggest challenges facing our nation, children need to be encouraged to use their bikes more often and that task is actually easy, because they really want to ride to school - just ask them!

I hope everyone enjoys Bike Week. If you have any questions please see me at the Pre-primary or the Library.

Mrs Garton
BIKE WEEK COORDINATOR



P & C NEWS

What's Happening

Term 1

- ❖ Sport Carnival - Catering Tent
- ❖ Easter Raffle
- ❖ Hot Cross Buns

EASTER RAFFLE 2015 DONATIONS NEEDED



Easter is fast approaching. As with previous years the success of the P&C raffle is due to the amazing and generous donations from our school families. A box will be placed in the school office to receive Easter themed donations – baskets, eggs, plush toys etc. Further information will follow in the next newsletter. Thank you from the P&C Fundraising committee

Sports Carnival 2015 P&C Catering Volunteers Needed

The P&C Catering area will be up and running again this year with a Sausage Sizzle, cake, muffins, tea and coffee and lots of other goodies for sale.

Help will be needed on sports carnival day between 7am -2pm.



This year we are requesting the help of parents to assist throughout the day. It would be great if you could contribute ½ an hr of your time.

If you are available to help out on sports day please add your name to the list in the school office.

*Please note that there will be no Croissant Express lunch orders on sports carnival day.

'Good luck to all factions'

P&C Fundraising Committee

Uniform Shop

Term 1

The uniform shop will be open on the following dates:-

Monday 9th March 2015

Monday 30th Feb 2015

Times: – 8:50am – 9:30am

We are still waiting for the arrival of polo shirts. Due to the large number of orders placed, the uniform shop will hold a collection day; you will be notified when this will take place.

School Uniform Order Forms are available at the front office. Complete and place them in the uniform box in the front office and they will be processed as soon as possible.

Lauree Sims
Uniform Coordinator
Monday – Friday
during school hours
PH: 0400 239 144

Community News



Ewatch – connect for a safer community.

Australind Police are urging all residents to subscribe to ewatch to receive free emails direct from Police to your inbox. At present Australind Police email a monthly newsletter containing crime and safety information as well as the occasional alert to warn residents of criminal activity occurring in a specific area.

Residents should go to www.ewatch.com.au and click on the Join tab. It's as simple as adding your name, address and email address.

Alternatively, email

Australind.police.station@police.wa.gov.au and ask to be added.



REGISTRATIONS ARE NOW OPEN FOR THE EATON NETBALL ASSOCIATION 2015 SEASON

Eaton Netball Association Registration details are now loaded onto the website. Please visit

www.eatonnetballassociation.wa.netball.com.au

Any queries, please contact Lynda Vandersteen by email (preferred option) or for any urgent queries on mobile: 0407 250 484.



Harvey Brunswick Leschenault Junior Football Registrations

The 2015 season's registration is now open.

If you're in Year 4 to Year 11 and wanting to join HBLJFC please ensure your registrations are completed by March 25th 2015.

All registrations are to be done online.

A family day for the HBL will be on the 28th March at the Brunswick oval from 12pm. Fun activities have been arranged with a Seniors scratch match to commence at 4pm.

Should you have any queries please contact Katherine Madaffari, Registrar on 0437 286 254.



Around 10% of school children are affected by migraine, a condition which the World Health Organisation has classed amongst the top 20 most disabling illnesses. An estimated 1 million school days are missed each year in Australia due to migraine attacks.

We are pleased to announce the release of our latest project - a series of booklets designed for young children and teenagers with migraine.

The documents are designed for three age ranges:

- Young children (from around 6 years of age and older)
- Tweens and young teens
- Teenagers

We are delighted to announce the availability of our new Migraine Kit for Kids.

Please visit our website www.headache.org.au to check out the free kit.



Disney's My Son Pinocchio: Geppetto's Musical Tale 'Local Theatre Production'

The show being put on is a family friendly musical based on the Disney story book with an added moral of parents learning to accept their children for whom they are. The show is being performed at the New Lyric Theatre in Bunbury over the last 2 weeks of September.

Acting on Stage: There are plenty of children's parts to be filled for the show, particularly for students in years 4, 5 & 6.

- **Audition date:** Sat May 23rd at the New Lyric Theatre in Bunbury
- There are between 1-3 rehearsals per week beginning June
- This is not only limited to children there are plenty of adult main roles and ensemble parts which may be of interest

To order an audition pack email to: Yarno at: mysonpinocchio@outlook.com