



Clifton Park Primary School

Telephone: 9725 2400 Fax No: 9725 2656
Email: cliftonpark.ps@education.wa.edu.au

Newsletter No. 3 TERM 1

6 March 2014

School Motto: With Pride We Strive



Welcome to our third newsletter of Term 1.

YEAR 2/3 ASSEMBLY

Congratulations to the Year 2/3 class for being wonderful and entertaining hosts for our first assembly of the year last Friday. The students entertained us enthusiastically, spoke well and passed on some great historical knowledge under the tutelage and guidance of Mrs Jones, Mrs Bryant and helpers. Thank you also to the significant school community support for our first assembly. You certainly make a big difference to our assemblies. Well done to you all.

BIKE WEEK

Congratulations are also extended to Mrs Garton for coordinating a marvellous 'Bike Week' for the education and enjoyment of all the students.

SCHOOL DEVELOPMENT DAY

A reminder to everyone that this Friday (7 March) is a student-free 'School Development Day'. The staff will be going 'back to school' being involved in Professional Learning.

PARKING IN PRE PRIMARY LOOP

The parking bays that have recently been painted near the western door of the Pre Primary are for staff parking only. The loop is for use of 'kiss and drop'

EXCITING COMING EVENTS

The next few weeks will see the school involved in a number of interesting and educational sessions. These include:

- **RESILIENCE** – (11 March) Students from TA's 1, 2, 3 and 5 will have learning sessions during the day and parents will have an opportunity to attend an evening session at the school. Our P&C have also invited parents from other schools and have received many positive replies already.
- **SCITECH** – (17-18 March) will be here over two days working with the students in science activities
- **WORLD OF MATHS** – (20 March) the students will be involved in Maths activities
- **FACTION ATHLETICS** – (25, 26 & 28 March) will involve the students in distance races, jumps and track events over the three days.

As you can see it promises to be a stimulating month.

ANZ STUDENT BANKING

A representative from the ANZ Bank, Australind will be in the school corridor between 8:30am and 8:50am to assist with your child's banking. Term 1 dates are the 11 March and 1 April. Put these dates on your term planner. Teach your child to save by banking at the school every month. New customers are welcome.

For more information please contact ANZ Australind Branch 9797 1376.



NEWSLETTERS ONLINE



Starting in Term 2 all newsletters will be published online and no longer sent home with your children. Access to the newsletter will be via the Web Page and the Skoolbag app, an alert email will be sent with a copy of the link to the webpage plus a Skoolbag alert. There will be a few copies available in the office for those families who do not have online access.

Ric Gates
PRINCIPAL

DEPUTY'S PONDERINGS

What is the difference between a Value and a Virtue? As adults we are responsible for the development and understanding of both of these important belief systems in our children. There is a program called "The Virtues Project" that has developed a list of 52 Virtues that are profiled in schools. This program has been of influence at Clifton Park PS, as well as at schools right across the world. Virtues are those timeless and universal principles of goodness that are generally undisputed as to their worth. Who can disagree with the goodness of such Virtues as Caring, Courtesy, Excellence, Humility, Kindness, Love, Respect and Thankfulness, just to name a few from the list?



Values, on the other hand, are quite different. These can vary according to cultural, religious, racial, family, socio-economic or many other factors. Values can be very positive if they enable a society to be stable, fair and consistent, such as our beliefs in rule of the law, sexual equality, free education and universal health care. They can, however, become divisive if they exclude or judge when others have a different value (or belief), such as with colour or racial prejudice.

Differing Values can even be fun, such as when we have our rivalries about our favourite sports teams. But even then, we can go too far and become quite violent and abusive, so that is something we have to be wary of as we develop value systems within our children.

The 7 Habits and The Leader In Me, which we are maintaining at this school, are based on Virtues. The material around this program speaks of them as Principles. They mean the same thing.

Here are a few more ... Integrity, Trustworthiness, Truthfulness. A full list is available on this website (<http://www.virtuesproject.com/homepage.html>) you can even download posters of them for families, educators or adults.

Des Semmens
Deputy Principal

BIKE WEEK

Bike Week was a fun week for the students. Their enthusiasm for riding their bikes to school was very evident. We had some outstanding efforts of students riding to school every day of Bike Week. Some students travelled long distances - Fletcher Cornish rode from Clifton Park to Leschenault then back to Clifton Park. David Kaitani rode from Leschenault. Lily Craig, Connor Craig, Andrew Blunden and Ethan Pape rode from Kingston. Cameron Kelly and Mr Kelly rode from Pelican Point, Tasmin and Todd Warren, and Saorise Torr, rode from Eaton on the 'Ride to School Day'.

The bikes, scooters and prams in the Wheel-a-thon looked amazing and the students had a lot of fun participating. The money raised in the Wheel-a-thon will go back into the school through the P&C. Thanks to those parents who petitioned for sponsors.

On Thursday we had the 'Great Bike Race' and special guest Olympian Lauren Reynolds raced against the senior students. The kids were buzzing with excitement through having Lauren at our school.

Bike Week was definitely a 'Hit' in 2014.

Carolyn Garton
Bike Week Coordinator



'WHEELIE WALKIE WEDNESDAY'



Continuing with the enthusiasm of the students I would like to introduce "Wheelie Walkie Wednesday"

Students will be encouraged to ride their bikes or walk to school on a Wednesday for the rest of the year. When the students ride or walk to school they will receive a special Faction Token for their Faction and a glow in their cheeks from exercising. Students who come from outside of Clifton Park can be dropped off at the Mosaic and ride or walk the rest of the way. Parents may like to make this a family affair and ride or walk themselves.

Students are also encouraged to ride or walk on all of the other days of the week for the sheer pleasure!

Carolyn Garton
Bike Week Coordinator

P & C NEWS

Uniform Shop



SPORTS CARNIVAL IS FAST APPROACHING!!!

WOULD YOU LIKE A COLOURED POLO SHIRT FOR THE
SPORTS CARNIVAL?
THE UNIFORM SHOP CAN HELP YOU!

SHIRTS ARE AVAILABLE FOR \$11.00

A DISPLAY OF THE POLO SHIRTS IS PINNED UP ON
THE P&C NOTICE BOARD OUTSIDE THE STAFF ROOM,
YOU'RE WELCOME TO HAVE A LOOK!

ORDERS to be completed and returned by 12th March to
guarantee your shirt arrives on time

Order forms will be given out the family representative,
also more available on the P & C notice board.

If you have any questions contact Lauree Sims,
Uniform Coordinator during school hours

PH: 0400 239 144



Uniform Shop

Clifton Park Primary School

Lauree Sims

Uniform Co-Ordinator

Monday – Friday

During school hours

PH: 0400 239 144

The Uniform Shop will be open Term 1 on the following
days:-

Monday 10 March 8:50am – 9:30am

Monday 31 March 8:50am – 9:30am

Alternatively, School Uniform Order Forms are available at
the front office. Complete and place them in the uniform box
in the front office and they will be processed as soon as
possible.

- Due to uniform supplier price increase,
there has been a slight price rise on
uniforms. A new order form is now
available at the front office.
- Direct Debit is now available; Account
details are on the new order form.

Lauree Sims

Uniform Coordinator

What do you know about your P&C?

Let's give you some facts.

- ☺ **Your P&C is a proactive and energetic team.**
- ☺ **We support your child's academic, physical and social development by**
 - Donating individual time and expertise.
 - Purchasing learning resources and equipment such as books, interactive whiteboards and sports equipment.
 - Sponsoring programs such as Athletics and Maths Competitions.
 - Catering for events such as Athletics Carnivals and Graduation Suppers.
 - Holding discos, movie nights and other fun events.
 - Helping to maintain school grounds – busy bees, planting and a donation towards a ride-on mower.
 - Providing book club and uniform services for students and parents.
 - Running our Safety House, Fundraising and Nit Buster committees.
- ☺ **Your P&C is always looking for more people to be involved.**
- ☺ **You can help by**
 - Paying the P&C contribution of \$10 per student or \$20 per family to the collection box located at the front office.
 - Supporting our fundraising and social activities by lending a hand to the organisers.
 - Attending meetings and promoting what we do.
 - Passing on ideas you think would benefit the school.
 - Joining as an official member.
 - Taking on a role within the group.
- ☺ **You are VERY welcome to attend any P&C meeting, whether you're a member or not.**

SUGGESTION & FEEDBACK FORM

Have you got suggestions or feedback you would like to put forward to P&C but don't have time to be come to P&C Meetings?

Available now from the P&C Board or school website is a "SUGGESTION & FEEDBACK FORM"

We all know how busy life gets and whilst we all wish we could do more we simply just don't have the time. The form has been implemented to reach a higher volume of parents, and to receive both positive and negative critique and suggestions to make for a more effective P&C.

These forms are confidential therefore, you do not have to disclose your name if you would like to be anonymous.

If you wish to forward any comments to the P&C simply fill out a form and return it in an enclosed envelope to the P&C Box.

Before every meeting the forms will be collected and taken before P&C members for action and discussion. Upon conclusion of the meeting responses can be found in the "minutes of the meeting" on the P&C Board.

P & C Committee

Community News

Clifton Park PS and Brunswick Junction PS are delighted to invite all parents to attend

MY RESILIENT CHILD

Presented by
Debbie Bushell

Parenting Specialist
Resilience Coach for Children & Teens



**Tuesday
11th March 2014**

6.30pm - 8.30pm
Please arrive by 6.25pm
Light refreshments provided

Venue: Clifton Park PS Library
Lucy Victoria Ave, Clifton Park

RSVP: by 5th March to
Brunswickjunction.ps@education.wa.edu.au
School office 97261142

Cliftonpark.ps@education.wa.edu.au
School office 97252400



Debbie is known to entertain an audience with up-to-date information whilst offering ideas that support parents during the various stages of pre-teen and adolescent development. She is a parenting specialist, resilience coach for teens, author and the founder of Parent Teen Matters. Debbie has presented on hundreds of topics across Australia to parents, students and professionals who work with children. Recently Debbie presented alongside Michael Grose and she is a regular fortnightly guest on Perth's 6PR. Debbie holds a Master of Education, a Bachelor of Education, and is one of a handful of coaches worldwide with an internationally



Why is resilience an important quality to develop in children?

Because it is well known that resilient children are better equipped to manage stress and adversity, cope with change and uncertainty, and recover faster from challenging events or situations.

How can we encourage resilience in our children?

Resilience can be enhanced by encouraging positive environments within families, schools and communities. Of these three environments, "the family is the most immediate care-giving environment and has the greatest impact on the development of resilience in children" (Brooks, 2006).

If you're a parent of a pre-primary or primary aged child you can't afford to miss this valuable seminar.

During this seminar Debbie will offer important insights into resilience and provide ideas that build the ongoing resilience of children. Debbie will also speak about:

- What is resilience?
- What is it that resilient individuals "do" in order to deal well with challenges?
- The key "protective" factors that promote resilient children.
- Ideas that develop resilient thoughts, feelings and behaviours in children.
- Ideas that promote a child's internal self-esteem and confidence.
- How to encourage "optimism" in children; a personality trait repeatedly shown to correlate with and predict healthy psychological well-being.

It can be those small things that parents say or do that can make all the difference!



Junior Hockey Registration
(School years J1/2, J3/4, J5/6, J7/8, J9/12)

When: Saturday March 8th 2014
Where: McDonald's Treendale (Cnr Grand Entrance and Constellation Drive, Treendale WA)

Time: 10am-2pm
Contact: Emma Bird - 0400197281
Website: www.eatonhockey.com.au

Welcome to all new and current players.

Rabbit Found

A long eared, fluffy, mottled black and white rabbit was found on Wednesday morning in the front yard of a house near the north entrance of the school. Please ring 0458 521748 if you are missing your rabbit.



Australind Junior Soccer Club



AJSC welcome new and returning players (boys and girls) for the 2014 season.

Online registrations only.

Go to www.myfootballclub.com.au

SSF~Ages 6-10 \$125 FIFA~11-16 \$135

Registrations close Friday 21st March 2014, 9pm.

Information Evening at Leschenault Leisure Centre
(Conference Room)

Friday 14th March, 4pm to 7pm.

(No registrations taken, information only)

Enquires to registrar@ajsc.org.au or secretary@ajsc.org.au