



Clifton Park Primary School

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Newsletter No 7. TERM 2 27 May 2015

School Motto: With Pride We Strive

YEAR 1/2 ASSEMBLY

The Year 1/2 class put on a very informative Dream time story which complimented what they have been learning in class. Thank you to Mrs Tiede, Mrs Yates and Parents who helped with preparation and costumes for assembly last Friday.

DATE CHANGE

Due to the choir taking part in the City of Bunbury Eisteddfod on Friday 19 June, the Year 5/6 class assembly has had to be moved to Friday 26 June. Please make these adjustments to your term 2 planner.

EISTEDDFOD

Our school choir will be participating in the City of Bunbury Eisteddfod in two sections this year on 19 June. Due to this year commemorating 100 Years of the Anzac, the Eisteddfod has included 'A Salute to the Anzac', so choirs were asked to consider including an Anzac song in their song selection.



- Our first section is in the 10am session in the Primary School Mixed Age Choir. Out of 6 competitors we will perform second. We will be singing 'Ordinary Miracle' and 'Pack up your troubles/Long way to Tipperary'.
- Our second section is after lunch at the 1:30pm session, we are entered in the Small Schools Mixed Age Choir and we will perform first out of the two entries. We will sing 'Seasons of love' and 'The Last Anzac'.

The Eisteddfod is a great opportunity for students to perform, see other choirs performing and also to show what great audience members we are!

More details will be given to choir students in regards to the day.

KINDERGARTEN INTEREST FOR 2016

Kindergarten applications for 2016 are open. Application for enrolment forms are available at the front office. If you have relatives or friends you think would be interested in enrolling for kindergarten in 2016 at Clifton Park Primary School, they are welcome to collect a form from Mrs Clarke or Mrs Clayton in the office.

Applications for enrolments are due by 24 July 2015.



COMING EVENTS

May

27-28 Bookfair 8:30am - 9am & 3pm - 3:30pm

29 Go Red for Cystic Fibrosis

June

1 WA Day Public Holiday (School closed)

3 P&C Meeting 7pm

12 Shock Proof Incursion

15 Uniform Shop Open

16 ANZ Student Banking

19 Eisteddfod - Choir

24 Cross Country (Yr's 4, 5 & 6)

26 Yr 5/6 Class Assembly

WALK TO SCHOOL

60% of our school participated in walk to school day which is pretty good considering the Year 1/2 assembly was on the same day. Thank you to all staff, students and community members who contributed.



GO RED FOR CYSTIC FIBROSIS (65 Roses Day)

The Student Council will be hosting a fundraiser for Cystic Fibrosis on this **Friday 29 May**.

- For a **gold coin donation** we invite everyone to wear something **red**, colour your hair **red** or both of these options.
- Every child that donates will receive a balloon or sticker.
- All of the money raised will go to Cystic Fibrosis WA and assist in research and making children with Cystic Fibrosis happier!



'65 Roses' came about by a young child thinking that his mum was saying 65 Roses instead of Cystic Fibrosis. The name stuck.

WHY DO WE COMMEMORATE WA DAY?

WA Day (formerly known as Foundation Day) is a public holiday in Western Australia, celebrated on the first Monday in June each year to commemorate the founding of the Swan River Colony in 1829.



History:

25 April 1829 - HMS Challenger, under Captain Charles Fremantle, anchored off Garden Island.

2 May - Capt Fremantle officially claimed the western part of Australia for Britain on. The merchant vessel Parmelia –

31 May - with the new colony's administrator Lieutenant-Governor James Stirling, other officials, and civilian settlers on board arrived in the night and sighted the coast on **1 June**.

6 June - It finally anchored in Cockburn Sound. The warship HMS Sulphur arrived, carrying the British Army garrison.

11 June - The Swan River Colony was officially proclaimed by Stirling. Ships carrying more civilian settlers began arriving in August, and on the King's birthday.

12 August - the wife of the captain of HMS Sulphur, Mrs Helena Dance, standing in for Mrs Ellen Stirling, cut down a tree to mark the founding of the colony's capital.

LOST PROPERTY



All lost property items have been displayed in the undercover area. This time of year the students get hot when playing and discard their warm outer wear and unfortunately tend to forget to collect them again. This leads to the lost property box filling up with a large collection of lost/misplaced school uniforms and other items. Remember that putting your family name on it will ensure that it gets back to you. Please help us to help you, thanks.

Ric Gates
PRINCIPAL



MRS JOLLIFFE'S JOTTINGS

Expanding children's writing vocabulary – Names of animals

Following on from the article in the last newsletter about using collective nouns in everyday language, another way to enrich your child's vocabulary is to expose them to the correct terms used to name animals. Just a few are listed here.

You may like to find other ones and have your child bring them into school to share with their teacher and classmates.

The challenge is then to use these terms in their writing and speaking to give it strength and maturity.

Common Name	Male	Female	Young
Cattle	Bull Steer	Cow Heifer	Calf
Donkey	Donkey Jack	Mare Jenny	Foal
Duck	Drake	Duck	Duckling
Fox	Fox	Vixen	Cub
Goose	Gander	Goose	Gosling
Horse	Stallion Colt	Mare Filly	Foal
Sheep	Ram	Ewe	Lamb

Deborah Jolliffe
DEPUTY PRINCIPAL

“REWARD YOUR SCHOOL” PROMOTION



Exciting news! As of the end of the first week of the promotion, Clifton Park is in the lead!

A huge thank you to all families who have supported the school with this. The promotion continues for another 3 weeks so please keep collecting all shopping docket from any of the shops in The Forum. Receipts placed in envelopes must add up to a **minimum of \$100**. We have been notified by management at The Forum that there have been some envelopes with less than \$100 worth of receipts placed in the barrel and sadly these do not attract points. Receipts for any amount can be placed in the box in the school's front office and we will happily sort and place them in envelopes for you.

While you are at The Forum don't forget to look at our school display which is situated outside Coles.



LUNCHBOX LEGEND

Each newsletter will have a photo of our fortnightly Lunchbox Legend.
Have you got a healthy lunch box?

Well done Jarvis you are our Lunchbox Legend!



Healthy Elfie

*Dear Healthy Elfie,
My mum is a grump! She keeps harping on about my sister and me having to drink water, and we have arguments every day because my friends all have fruit drinks for lunch and soft drinks or a slushy every day after school. It isn't fair.*

*From
Anita Eatlesshoogar*

Dear Anita,

Sometimes, mums do know best!!

Our diets and exercise patterns have changed a lot in only a few years. This is a result of the increase in availability of processed foods at the supermarkets (soups, meals in a jar, sweet and salty biscuits, soft drinks, chips, ice creams etc) and the impact of cheaper computer / electronic games and increased TV watching resulting in less time being active. Add to this the increase in marketing strategies of fast food groups and junk food advertisements; we are being bombarded with motivation to make unhealthy choices in food.

So what you are thinking.

Your mum is trying to encourage you to put the right fuel (food and water) into your body so that like a car with the correct fuel it runs well. Also if the car sits in the garage and isn't used, the battery goes flat, if you don't exercise you get sluggish and don't perform well.

Have a look at the table beside and think about the amount of sugar you are drinking that you don't realise and what it adds up to over a year.

Now think about the health costs of the upsizing promotions at fast food places

Try this maths problem 1 x 375ml can of soft drink a day = 10 teaspoons of sugar.

How much sugar would you drink if you had 1 can a day for a week?

How much sugar would you drink if you had 1 can a day for a year?

If you put a weeks sugar consumption in a jar at your house what would it look like? To get an idea check out the following youtube site for a real look at how much sugar you are drinking.

<http://www.youtube.com/watch?v=yKZ2ZqBYlrI>

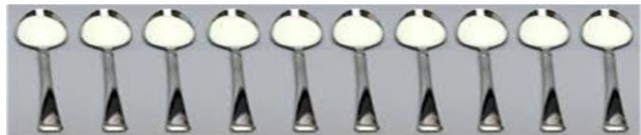
Good on you mum for taking the healthy choice of encouraging water for drinking in your home. Keep the sugary drinks for occasional drinks.



375ml soft drink = 10 teaspoons of sugar and upsizing to 600ml soft drink = 16 teaspoons of sugar

300ml orange juice = 8 teaspoons of sugar and upsizing to 600ml orange juice = 16 teaspoons of sugar

250ml choc milk = 4 ½ teaspoons sugar and upsizing to 500ml = 9 teaspoons of sugar



.....Healthy Elfie

P & C NEWS



P&C Meeting is now on
Wednesday 3 June 2015

Cake Stall

Year 1/2 class assembly

Thank you everyone for your contributions!



P&C Wood Raffle



Congratulations to the Pitts family on winning
the trailer load of wood.
Big thanks to Simcoa for donating the wood!

Uniform Shop



Winter is on its way!

Come and get your winter uniform

The uniform shop will be open on

Monday 15 June 2015

Time: – 8:50am – 9:30am

School Uniform Order Forms are available at the front office. Complete and place them in the uniform box in the front office and they will be processed as soon as possible.

Lauree Sims
Uniform Coordinator
Monday – Friday
during school hours
PH: 0400 239 144



FINAL DAY Thursday 28th May

Time: 8:30am - 9:00am and 3:00pm – 3:30pm

Where: Library

Cash or credit card facilities available



We're fundraising with *entertainment*[™]

ONLY 6 BOOKS LEFT!!

For only \$65, Entertainment[™] Memberships, now featuring the best of the South West, are packed with hundreds of up to 50% off and 2-for-1 offers for the best local restaurants, cafés, attractions, hotel accommodation, travel, and much more!

Order your new Entertainment[™] Books and Entertainment[™] Digital Memberships from us today, and 20% of your Membership contributes towards our fundraising!

For only \$65, Entertainment[™] Memberships are packed with hundreds of up to 50% off and 2-for-1 offers for the best local restaurants, cafés, attractions, hotel accommodation, travel, and much more!

Available as a [traditional Entertainment[™] Book -or- Digital Membership on your smartphone](#), your Membership gives you over \$20,000 worth of valuable offers valid through to 1 June 2016!

A display book is located near the P&C box for you to have a look at!!

CONTACT: Jaqui Sharp
C/- Clifton Park Primary School P&C
0427957053
maskell78@hotmail.com

Community News



Positive Parenting Program (Triple P)

Two free Triple P Parenting programs will be held in **Semester 2 (Terms 3 & 4) 2015**.

Triple P is a parenting program for all parents of children aged **three to eight years**.

Triple P has been proven to help parents raise happy, confident children. The program is based on over 25 years of research that shows the importance of positive, effective parenting.

All parents want to have a positive relationship with their child, but sometimes this can be challenging. Triple P suggests simple routines and small changes that can make a big difference to your family.

There are two programs:

Group Triple P

- 4 weeks 2 hour group session
Eaton Primary School
35 Diadem Street, EATON
Fridays July 31st, Aug 7th 14th 21st
@ 9.00 - 11.00am
Cost: No cost / crèche available.
- 4 weeks 15 min phone calls
Parents are required to attend all 4 sessions.

To register for either of the above courses please phone **Bunbury Community Health on: 1800 794 748.**
Bookings close on Julv 27th 2015.



Carers Thriving And Surviving

We invite Parents and/or Primary Carers with a child aged 4-12 years on the Autism Spectrum to join us for a one of a kind opportunity...

With 3 Workshops plus 5 Individual Appointments providing you with information and support from a parent with vast training and experience of 'Living Life On The Spectrum'

Wednesday 3rd, 10th and 17th June 2015
9.30am - 11.30am
Enable SW
Beach Road Bunbury

Investment is \$280 for 8 sessions
Early Bird Price of \$250
Due Monday 25th May 2015 with Forms to Enable SW

For further details contact Naomi on 0419909860 or Enable SW on 97927500

Proudly subsidised by



Living with the impact of a child with a Disability

Surviving the Disability Journey

Finding Your Identity on this Journey



Kaleidoscope Healing and Wellness

Phone: 0419909860



Government of Western Australia
Department of Health
WA Country Health Service



Is your 3 year old ready?
Ready for learning,
Ready for school

Call **1800 457 949** to book a 3 year old check with the Child Health Nurse

You may like to discuss:

- Behaviour
- Toilet training
- Nutrition
- Speech
- Movement (gross / fine)
- Family relations
- Safety / Health
- School readiness



VARIETY CONCERT

Saturday 13th June 2015

1.30 P.M.

Australind Senior Citizens Centre

Mardo Ave, Australind

Proceeds to Joint Therapy Outreach

(A NON FOR PROFIT ORGANISATION AIDING THE LESS RESOURCED COMMUNITIES WITH DISABILITIES & CHRONIC HEALTH ISSUES IN VANUATU)

\$15.00 per head

(includes afternoon tea)



FOR BOOKINGS PHONE

Jim Foster

9725 6454 or 0419 950 962

Joanne Foster

9725 6454 or 0439 342 562



PERFORMANCES BY LOCAL ARTISTS

INCLUDING

JAYLEE IRELAND, ACOUSTIC VOCALIST

DIRECT FROM HOUGHTON WINERY


HOSTED BY



Community News

JULY HOLIDAY CAMPS

Nurture Works *Presents*



FRIENDSHIP
FACTORY CAMP


Primary School aged kids in Years 3 to 6
Sunday 5th - Wednesday 8th July 2015
at DSR Campsite Point Walter (Applecross)

Includes a trip to Cockburn Ice-skating Arena!

BUZ Friendship Factory

is a great 4-day camp where kids will discover the keys to making and keeping friends. There will be a focus on sorting out fights (conflict resolution) & helping kids to like themselves (self-respect).

BOOKINGS CLOSE THURSDAY 18th JUNE



Performing Arts
CAMP

YOU CAN DO IT!

A 4-day, residential, creative & performing arts camp to build self-confidence & personal mastery skills in kids.

Primary School aged kids in Years 4-7
Monday 13th - Thursday 16th July 2015
Held at Bunbury Cathedral Grammar School

A life skills camp for kids where they will:

- Learn to believe a little more in themselves & others
- Grow their self-confidence through performing arts
- Discover ways to build themselves and others up
- On the last evening of the camp, there will be a concert for the public bringing together the creative work of the program.

BOOKINGS CLOSE THURSDAY 25th JUNE

Further enquiries, please contact the Nurture Works Office on 9751 2435 or email: buz@buildupzone.com



Winter Season

Starting Tuesday 2nd June 2015


Junior Competition

6:30pm to 7:30pm

Girls 1999 & Under & Boys 2000 & Under

Senior Competition


7:00pm to 8:00pm

JUNIOR'S REGISTER YOUR INTEREST TO:
Phone: 0403 376 286 (Dave)
0427 803 248 (Bron)  Like us on Facebook
E-mail: bunburywaterpolo@hotmail.com

NEW PLAYERS WELCOME


See you on the pool deck at the
South West Sport Centre BUNBURY

COME AND TRY THE MOST
INTENSE SPORT
AND YOU ONLY SEE HALF OF IT!!



INTERESTED IN SAFETY FOR KIDS IN YOUR COMMUNITY?
IT COSTS NOTHING TO HELP, AND IT'S EASY TO DO.

Safety House is a community based "Good Neighbour" program of volunteer householders organised by a local Safety House Coordinator. It's easy to be a Safety House, it costs you absolutely nothing and you could be doing something important to help protect vulnerable young children. You can make a difference in your local community.





SAFETY HOUSE

WHO CAN BE A SAFETY HOUSE?

A Safety Householder must be a caring adult who is usually in or around their home during school travel times and be ready and willing to assist any child who might seek help at their door.

This is to make sure that a child in need will find someone at home if they knock on the Safety House door for help.


Your house must have easy street access to the front door, no screening walls or trees and a Safety House sign easily visible from the street. If you have a dog it should be secured behind a fence at the rear of the building or be kept under control in the house.

This is to make sure that a young child will be able to find the Safety House door easily and will not be frightened away.

Before you can be a Safety House, everyone living in the house aged fourteen and over must consent to having a continuously monitored police check which is fully paid for by Safety House. Someone from the school Safety House Committee will help you fill out a simple Safety House WA application form.

We need to make sure that anyone who might answer the door at a Safety House has been carefully checked out.



Clifton Park Primary School P&C
Safety House Coordinator
CONTACT: Jaqui Sharp
0427957053

Willetton Senior High School

A Leading School Celebrating Achievement

Specialist Basketball Program 2016

Willetton SHS is offering current Year 6 to Year 11 students with proven basketball talent the opportunity to develop their potential through expert coaching and intensive tuition. Selection will be based on students having academic record, good personal character references, athletic talent and a commitment to basketball. The Prospectus and application forms can be found on our website: www.willettonshs.wa.edu.au

The closing date for application is Wednesday, 24 June 2015.

The program is available to any eligible student throughout Western Australia.

Willetton Senior High School
 Pinetree Gully Road, Willetton WA 6155
 Ph: 9334 7200 Fax: 9333 4907

Email : willetton.shs@education.wa.edu.au