



Clifton Park Primary School

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Newsletter No 8**TERM 2****21 June 2019**

School Motto: With Pride We Strive

COMING EVENTS

June

- 21 Choir @ Eisteddfod 9am
PBS - Parent Info Session 1:30pm
TA2 Class Assembly 2pm
Uniform Shop Open 3pm - 3:30pm
- 26 Cross County Run (Selected Students)
- 27 Year 5 and 6 Golf Excursion
- 28 Year 3 and 4 Golf Excursion

July

- 3 Reports go home
- 5 Students last day Term 2
- 22 SDD - No students (Monday)
- 23 Students Resume Term 3 (Tuesday)

This year is flying by, with the usual school busyness! As we reflect on this term, I feel that our Colour Fun Run is a highlight for many students, staff and parents in our community. I would like to acknowledge the commitment and energy of our P&C Fundraising team for the effort that they put into the event on Friday. Our local businesses were very generous with donations of prizes to our school, and our local community members for gaining sponsorship. On Friday, the event again demonstrated the pride that the community have in our school. It was a privilege to be a part of.

EISTEDDFOD - CHOIR

Today our Choir competes at the Bunbury Eisteddfod. I would like to thank Mrs Shani Kaitani, our music specialist, for leading our choir. It is also very important to acknowledge the students who are going to represent our school and the time outside of school hours that they put into practising. Any role where students are representing Clifton Park is an honour, and the choir is one of these opportunities. We wish them good luck in their efforts, and encourage any community members to go along and support our school.

TA2 ASSEMBLY

We are looking forward to TA2's assembly today, with it being our Year 6's last role of hosting a primary school assembly. We would love to see as many families there as possible.

CROSS COUNTRY INTERSCHOOL

A selected group of students will also be representing our school on Thursday next week at the Interschool Cross Country event at Adam Road Primary School. These students have been selected on qualifying times, and have been training regularly at school. Thank you to Mr Chris Deane for coaching our cross country squad and we wish all our competitors the best as they challenge themselves to run a personal best on Thursday.



PBS INFORMATION SESSION - Friday 21 June - 1:30pm

I am holding another Information Session for interested parents around our Positive Behaviour Support framework – G.R.O.W. tomorrow before assembly. The information helps our parents to connect our Behaviour Expectations and how behaviour is managed within our school environment.



RUNNERS CLUB @ CPPS Thursdays 8am

We invite all students and families to meet us on the oval every Thursday morning at 8am

PBS INTERNATIONAL SPEAKER – Dr Tim Lewis – Monday 22 July 7pm

The PBS team have organised for Dr Tim Lewis, a highly recognised and internationally renowned behaviourist from the United States of America to come to our school and present for our families. Dr Lewis comes to the South West of WA regularly to provide workshops and attend conferences around the implementation of School Wide Positive Behaviour Support. The P&C and the school have jointly funded this event, and we would encourage all families to attend and hear some of the research and structure behind why the PBS framework works in schools, and how parents could adopt some of the practices at home in support of the school's work. More information about Dr Lewis is contained below.

Dr Tim Lewis, Ph.D., has been involved in special education for 25 years. He has taught students with emotional and behavioural disorders in high school, elementary, and self-contained psychiatric settings. His specialty areas include social skill instruction, functional assessment, and proactive school wide discipline systems. Dr. Lewis has been involved with developing school-wide systems of behavioural support for over 15 years. At present, Dr. Lewis is Professor of Special Education at the University of Missouri. Dr Lewis directs the University of Missouri Center for School-wide Positive Behaviour Support, is Co-Director of the national OSEP Center for Positive Behavioural Interventions and Supports and the IES Center for Adolescent Research in Schools.



INFLUENZA

There are high numbers of flu in the community at present - therefore it is important that the school is on the lookout for staff and students who have an influenza like illness (or confirmed influenza), to stay at home and keep away from work and school until symptoms have resolved. People experiencing moderate to severe symptoms should see their GP for possible testing and treating. People are considered no longer infectious if 24 hours have elapsed after the fever passes, provided 7 days have elapsed since onset of respiratory symptoms.

KINDERGARTEN INTEREST FOR 2020 (REPEAT)



Kindergarten applications for 2020 are now open. Application for enrolment forms are available at our school office. If you have a child, relative or friend that has a child born between 1 July 2015 – 30 June 2016 and you think would be interested in enrolling for Kindergarten in 2020 at Clifton Park Primary School, they are welcome to collect a form at our office. Please have forms back to our office by Friday July 26.

Cathy Allen
PRINCIPAL



My Home Reading



Misty Adoniou, an associate professor in language and literacy at the University of Canberra, says: "When we read aloud to children, we read books that are beyond their ability so they're being introduced to new vocabulary, the size of their vocabulary is the best predictor of how they'll do at school." A recent Australian survey found that the number of parents who are reading to their children on a regular basis rapidly

declines from the age of six, with only 4 % doing so after they've turned nine.

At Clifton Park we encourage you to enjoy the special bond that is immediately formed when you sit side by side with your child and share a book together... and of course don't forget to write it up in their reading journal.

(By: Risie King - Sunday Times)





Stickers due
back at
school by
**Monday
24 June**

We getting to the end of the Woolworths Earn & Learn program 2019



*You can help our school
by collecting*

- Just collect Woolworths Earn & Learn Points when you shop at Woolworths between **Wednesday 1st May and Tuesday 25th June 2019**. We will redeem these for awesome educational resources for our school.
- Simply pop the stickers onto a Woolworths Earn & Learn Sticker Sheet and once it is completed, bring it into school.

The more we collect, the more we can redeem. There are thousands of products available through the Woolworths Earn & Learn program, and we would like to get lots of new gear!

Products in the range include resources for Mathematics, English, Science, Art & Crafts, through to sports gear, library supplies and more.

We are grateful for your support and look forward to a successful program.
If you have any questions, please ask at school.



NOW OPEN Applications for Kindergarten 2020



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P & C NEWS



Buy a new Membership from Clifton Park Primary School P&C and get a BONUS eGift Card! Right now, when you buy an Entertainment Membership you will also receive a bonus \$10 Caltex StarCash eGift Card!

The new 2019 | 2020 Entertainment Memberships are packed with thousands of valuable offers for everything you love to do, all while supporting fundraising for Clifton Park Primary School P&C.



Help our fundraising cause – Only \$70 and 20% from every membership sold contributes to supporting our nature play upgrade.

Enjoy thousands of offers for everything you love to do.

Entertainment membership can be purchased in digital or book form.

If you would like more information or would like to check out a copy of the offers, visit us in the school office, or contact:

Tamika Squires on 0423 065 463.

News from the uniform shop

Term 2 open on
Friday 21 June
3pm – 3:30pm

Term 3 open days

24th July 8:45am-9:15am
12th August 8:45am-9:15am
13th September 3pm-3:30pm

Community News

CLIFTON PARK COMMUNITY PLAYGROUP

invites



Jo Jingles is coming to Playgroup!
Come join us for a fun morning of singing
and dancing!
Date: 5th July
Time: 9-11.30am
Cost: \$6.50/child
Contact Jo to register your interest
0447710229



Vestrum
OBSTETRICS & GYNAECOLOGY
Proud Sponsor of

5KM & 10KM WOMEN'S FUN RUN + 5KM WALK

Sunday, 4th August - 8am

Leschenault Inlet starting at Bicentennial Square



Proudly sponsored by



FREE TRAINING SESSIONS COMMENCE 25TH JUNE

Enter online www.bunburyrunnersclub.org.au/events/womens-fun-run/
Entries close midnight Thursday 1st August, 2019



Facebook
Bunbury Women's Fun Run

For more information contact whw@bunburyrunnersclub.org.au



Government of Western Australia
Department of Health

Flu (influenza)

- Influenza (flu) is a common, highly contagious virus that affects the respiratory system.
- The virus can cause a mild to serious illness and even death in young children, older adults and vulnerable people.
- Getting the flu vaccine is your best protection against the flu. Protect yourself and your family.

The flu is not the same as the common cold.

There are two basic types of flu – A and B – that cause illness in people.

These are called the seasonal flu viruses, as they emerge each year, mostly in the winter months.

Terms explained

Flu season – this is an annually recurring time period characterised by the prevalence of outbreaks of influenza (flu). The season occurs during the colder months of the year.

Flu pandemic – this is a global outbreak of flu. It occurs when a new strain of the flu virus, against which people have little or no immunity, spreads quickly from person-to-person.

How do you get the flu?

The flu virus is spread through the air when someone coughs, sneezes or talks.

You can also catch the flu from touching a contaminated surface with the flu virus on it, and then touching your mouth, eyes or nose.

Notifiable disease

Influenza is a notifiable disease. This means doctors, hospitals and laboratories must inform the Department of Health of your diagnosis. This allows the Department to monitor the extent of influenza cases in our community and to take necessary action in some situations, for example outbreaks in day care or aged care centres. Notification is confidential.

Who is most at risk?

Flu can be a serious illness for older people, young children, pregnant women, or people of any age who have a chronic medical condition, such as heart disease or diabetes.

Most influenza cases occur in children less than 4, pregnant women and in people over 65.

If you are in one of the groups above, you:

- are strongly encouraged to get vaccinated against flu
- should seek medical attention if you develop flu-like symptoms.

Pregnant women

If you are pregnant you are at an increased risk of developing serious health complications from the flu such as pneumonia, compared to women who are not pregnant.

Babies and young children

Anyone can get the flu, but rates of infection and hospitalisation are highest among young children and people over 65.

What are the signs and symptoms?

Most healthy children and adults only have minor symptoms.

Typical symptoms in adults can include:

- sudden onset of fever
- headache
- sore throat



Department of
Education

Public education
A world of opportunities

IT'S TIME TO ENROL YOUR CHILD IN SCHOOL

If your child is four years old by 30 June 2019 you can apply to enrol them in Kindergarten for 2019.

You must apply to enrol your child in a public school for 2019 if they are:

- starting Pre-primary (first compulsory year of school) – five years old by 30 June 2019
- starting Year 1
- changing schools

Visit your local school to apply.

For more information and to find a public school in your area visit education.wa.edu.au.



Bunbury Regional YouthCARE Council
presents

MAGGIE DENT

Real Kids in an Unreal World:
Building Resilience & Self
Esteem in Today's Children
(10 Resilience Building Blocks)

JULY 31, 2019 - 6-8PM

Bunbury Regional Entertainment Centre

About Bunbury Regional YouthCARE

YouthCare employs chaplains in public schools throughout the region. Chaplains deal with a wide range of important family and peer relationship issues.

Issues include alcohol, drugs, self image, sexuality, bullying, academic performance and self-harm.

They are an integral and complementary part of the student services team.

As well as mentoring students, they are involved in varied programs such as:

- The School Volunteer Program
- Choose Respect Bunbury
- Breakfast Clubs

* This event is a fundraiser to support the organisation's vital contribution to local schools.



PRESENTER: Commonly known as the "queen of common sense", Maggie Dent has become one of Australia's favourite parenting authors and educators, with a particular interest in the early years, adolescence and resilience. She is a passionate, positive voice for children of all ages.

TOPIC: Are you worried, confused or concerned about parenting in today's chaotic world? Children need to have certain basic experiences to build the competencies that will help them manage life - the good, the bad and the ugly. Maggie has developed a common-sense, practical model of 10 building blocks that will reassure parents that what we have always known to be important in the early years of a child's life is still important. This seminar will offer you practical, common-sense ideas and strategies to make small changes in your home or school, which will make a big difference to your children's cognitive, physical, psychological, emotional and social health later in life.

Tickets: \$30

On sale from April 1, 2019 via

www.bunburyentertainment.com

Time: 6pm-8pm

Register interest at:

www.facebook.com/ChooseRespectBunbury

Event coordinator:

Rita Piparo - 0403 981 667 or piparo@aapt.net.au



Circle of Security[®] PARENTING SERIES



**Government of Western Australia
WA Country Health Service**

The Circle of Security Parenting group program is an 8 week course facilitated by qualified professionals. The program is offered free to parents/carers of children 0 to 5 years, who want to:

- Understand their child's emotional world by learning to read the emotional needs
- Support their child's ability to successfully manage emotions
- Enhance the development of their child's self esteem
- Honour your inner wisdom and desire for your child to be secure

Dates: Wednesdays July 31st to September 18th (8 weeks) **Times:** 9:30 to 11:30 hours

Location: Leschenault Leisure Centre, Australind **Cost:** No cost to parents

Presented by: Claire Philipps & Meg Armstrong, Child Health Nurses /WACHS Southwest

Onsite creche available: Bookings essential

Expressions of interest:

Email: claire.philipps@health.wa.gov.au

At times all parents feel lost or without a clue about what our child might need from us. Imagine what it might feel like if you were able to make sense of what your child was really asking from you. The Circle of Security[®] Parenting[™] program is based on decades of research about how secure parent-child relationships can be supported and strengthened.

Community News



Government of Western Australia
WA Country Health Service



Triple P - Positive Parenting Program®

A **FREE** program that teaches practical and effective ways to enhance family relationships and manage common child behaviour issues.

Who is this program for?

Parents, carers and/or grandparents of a child aged between 3 and 8 years.

What is involved?

- **Seminar Series** – 90-minute talks on:
 - children's behaviour – the tough part of parenting
 - raising confident children
 - raising emotionally resilient children.
- **Discussion Group** – small, 2-hour groups:
 - misbehaving
 - fighting and aggression
 - bedtime routine
 - hassle-free shopping with children.
- **Group Triple P** – 8-week parenting course.



Seminar Series - Aug 5, 12, 19 (Mon) – 9:15am - Picton PS - Bookings through School 9725 4224
(free crèche avail)

Seminar One Only – Aug 6 (Tue) – 9:15am - South Bunbury PS – Bookings through School 9721 3299
(free crèche avail)

Discussion Groups:

- ◇ **Dealing with Disobedience** - Aug 13 (Tue) - 9:30am - Capel Playgroup - Bookings 9795 2888
(no crèche)
- ◇ **Dealing with Disobedience** - Sept 10 (Tue) - 10am - Donnybrook Child Health - Bookings 9795 2888
(no crèche)
- ◇ **Managing Fighting & Aggression** - Aug 20 (Tue) - 9:30am - Prosser St Child Health - Bookings 9795 2888
(no crèche)
- ◇ **Bedtime Routines** - Aug 26 (Mon) - 12:30pm - Carey Park Parent Child Centre - Bookings 9721 6991
(free crèche avail)

Group Triple P - Aug 2, 9, 16, 23 (Fri) - 9:15am - Glen Huon PS - Bookings through School 9724 0100
(free crèche avail)

Childcare:

Please do not bring babies and children over the age of 6 months to the group. You will need to make your own childcare arrangements for them. Crèche may be available at some venues. (Please check and organise through the venue). You can bring babies into groups for feeding.

Visit www.healthywa.wa.gov.au/parentgroups for more information.

This document can be made available in alternative formats on request for a person with a disability.

June 2019 CAH-001009_TripP3